

Acrobatics for Dancers 2018

Class Times

Beginners 12.30 - 1.30pm

Intermediate 1.30 - 3.00pm

Advanced 3.00 - 4.30pm

Dates

11th Feb – 18th March

(6 week block)

20st May – 24th June

(NO 10th June due to long weekend
– 5 week block)

5th August – 9th September

(NO 2nd Sept due to Father's Day – 5
week block)

28th Oct – 2nd December

(6 week block)

Cost

Term Coaching Fees

6 week block - \$140.00

(Inclusive of GNSW affiliation)

[Compulsory auditioning for placement into this program.](#)

Bookings for Auditions to
9846 1270

Contact

Gymnastics Administration

(02) 9846 1270

www.chfac.com.au

gymnastics@chrslgroup.com.au

Acrobatics for Dancers

Due to popular demand from local dance studios we have now designed a program for experienced dancers. Acrobatics for dancers will offer the opportunity to develop the acrobatic skills now required to be competitive in your chosen dance genre.



This program is designed and run by our accredited Gymnastics Coaches and offers the opportunity to train in a safe and professional environment.

We will develop your existing basic skills into more advanced acrobatics, concentrating on skills such as forward and backward walkovers, side and front aerials as well as building core strength and flexibility.

For those older children with more extended skill level; we will be developing front and back handsprings along with front and back saltos.

PLEASE NOTE: Minimum of 2 years dance experience is essential for this program. We reserve the right to assess your child and may direct those lacking skills to our beginners after school program.

AUDITIONS/TRYOUTS for placement will be held at 12pm on the first Sunday of term. More information available from reception.

We welcome your interest and enquiries.

Castle Hill Gymnastics
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