

Special Needs Gymnastics 2018

Schedule

6 Week Program on Sundays

Dates

11th Feb – 18th March

(6 week block)

20st May – 24th June

(NO 10th June due to long weekend – 5 week block)

5th August – 9th September

(NO 2nd Sept due to Father's Day – 5 week block)

28th Oct – 2nd December

(6 week block)

BOOKINGS ARE REQUIRED

All new participants are assessed by coaches for correct placement.

\$140.00 per Term

(Inclusive of GNSW affiliation)

Bookings Essential

Phone 9846 1270

Please see Kindergym Information for Pre-Schoolers Programs

Contact

Gymsports Administration
9846 1270

www.chfac.com.au

gymnastics@chrslgroup.com.au

Rebound Therapy & Special Needs Gymnastics

Circuit Term Program

Rebound Therapy is a Trampoline Based Program to engage Rhythm, Movement and Gross Motor Development, coupled with Special Needs Circuits with our trained, caring and passionate staff.

The Primary Aged Special Needs Program is a class which is NEEDS SPECIFIC, designed for children aged 5 to 12. Coaches with the support of parents and/or carers will work in small squad groups to develop basic Gymnastic and fitness Skills, body awareness and self-confidence.



Our coaches are qualified NCAS Accredited Gymnastics coaches, with training and workshop experience with NSW Sport and Recreation in their Disability in Sport Programs and Gymnastics NSW Rebound Therapy. Class size is limited to 4 to 5 children with each coach, where each squad will be taught warm up and cool down exercises as well as basic Gymnastics movements and skills.

All enquiries are welcome - BOOKINGS ESSENTIAL

Special Needs Programs for Pre-Schoolers 18mths to 5 years

Within our Monday and Friday Kindergym Classes during the School Term we have Coaches who have been trained in Special Needs Gymnastics with NSW Sport and Recreation. See the Kindergym Brochure for further information on Days and Times. No bookings necessary.